



Newsletter
January 27th, 2026

President's Message

Happy 2025! The weather outside may be cold, but our district is busy with events for both students and teachers this coming year. I hope you can participate in many of them!

CEOMTA offers numerous opportunities for students to perform, including the Solo & Ensemble Recital, and the Out and About performances. Be sure to take advantage of these opportunities for your students to perform! Our website is the best way to keep track of the many activities that CEOMTA offers.

We also offer many opportunities for teachers to continue our education and learn from each other!

Here is a link to the calendar on our website: <https://www.ceomta.org/2023-24-calendar-overview>

February 2026

- February 15th, 2026 – [Solo & Ensemble Recital](#)
- February 20th, 2026 – [Piano Workshop](#)
- February 22nd, 2026 – [Out and About](#) – February – Deadline is Wednesday before

If you have students participating in CEOMTA activities, please encourage the parents of participating students to complete the online permission form so we can celebrate all of our students' many accomplishments throughout the year! Here is the link:

<https://www.ceomta.org/student-image-permission-form>

I hope to see you at CEOMTA events this winter! Happy teaching!

Laura Wynia, CEOMTA President
slwynia@sbcglobal.net

Calendar Spotlight

February 2026

- February 15th, 2026 – **Solo and Ensemble Recital** – 3 p.m. at Graves
- February 20th, 2026 – **Piano Workshop** – Wellness for Musicians with Lynn Singleton - 10 a.m. at Stanton's
- February 22nd, 2026 – **Out and About** – February – Deadline is Wednesday before

March 2026

- March 13th, 2026 – **IMTF** at the home of Sharon Walton
- March 14th-15th– **Ohio Legacy Solo and Duo Piano Competition**
- March 15th, 2026 – **Out and About** – March – Deadline is Wednesday before

Teacher Activities

Piano Workshop

Friday, February 20, 2026, at Stanton's Music
10:00 a.m. - noon
Lynn Singleton, Presenter

Integrating Mind and Body for Optimal Practice and Performance

Lynn Singleton's workshop will offer teachers with strategies for efficient and effective practice, as well as exercises to reduce physical tension and performance anxiety, allowing them to guide their students through the many stages of practice and preparation for performance. The workshop will include active audience participation, and will be held at Stanton's Music on February 20, 2026, from 10:00 a.m. 12 noon.

Lynn Singleton is an assistant teaching professor of piano, group keyboard skills and keyboard harmony, and serves as Wellness coordinator for the School of Music. As an Allied Health Professional member of the Performing Arts Medical Association with certifications in several mind-body modalities, she works with musicians to increase body awareness, develop healthy movement habits, incorporate breathing techniques for meditation and stress release, practice self-care massage, and use stretching and strengthening exercises to meet the physical demands of practice and performance. She currently serves as the Wellness Chair for the Ohio Music Teachers Association and has been a guest clinician at state3 and national music teacher conferences, lecturing on different aspects of musician wellness.

Singleton has received numerous awards, including a grant from the Ohio Music Teachers Association to attend the "Free to Play" Piano Symposium at the University of South Florida. She was honored as a 2016 Foundation Fellow through the Music Teachers National Association and was chosen as the Certified Teacher of the Year by the Ohio Music Teachers Association.

Independent Music Teachers Forum

IMTF GATHERING FRIDAY, MARCH 13

Friday, March 13, 2026, 10-12 noon

Digital Resources to Explore: AI and IMSLP

(International Music Score Library Project)

At the Home of Sharon Walton:

2290 Walhaven Ct., Upper Arlington, 43220

At this Forum we will explore ways that some teachers are using AI tools in their studios. We will learn together. If you have used AI, we hope you will share your experience. If you haven't used AI come to learn!

We will also discuss a wonderful gift for musicians: IMSLP. This international web-based resource offers musical scores for much of the world's music that is no longer under copyright. It is a great way to learn about music that may not be in your library. In most cases, it can be downloaded and printed.

So that we can plan for chairs and refreshments, please RSVP to

Sharon Walton skrwalton@gmail.com

Title your e-mail as: RSVP/IMTF.

Nominations Now Open for Nationally Certified Teacher of the Year

Nominations are now being accepted for the 2026 Nationally Certified Teacher of the Year from our district.

Each year, the Central-East District may choose a Nationally Certified Music Teacher of the Year. This teacher is honored at the Spring Conference.

Nationally certified members are nominated by peers in recognition of excellence in music teaching and dedicated service to MTNA. Any member may nominate a colleague by writing a letter of support and mailing or emailing it to the district certification chairperson.

The list of past winners and more information can be found on our website at:

<https://www.ceomta.org/teacher-events/certified-teacher-of-the-year>

Nominations are being accepted through February 15, 2026

For a current list of Nationally Certified CEOMTA members, please email me.

For help in becoming Nationally Certified, please contact Janice Cahill, Certification Chair.

Janice Cahill, CEOMTA Certification Chairperson
Text 614-563-8592 or email at cahillpiano@att.net

Grants For Professional Development

Attention Ohio MTNA members,

Central East District is now accepting applications for Professional Development Grants up to \$350 to enhance your teaching skills. We can all improve our skills in some way. It is easy – just send an application specifying how you would spend the money and how it would benefit you as a teacher. In addition, please send a text to the chair alerting that an application is on its way. The money will be awarded to the teacher(s) whose educational experience would be most beneficial. Applications are due April 15. It's not too early to start thinking about applying. For more information contact Annette Suhovecky @ 614-352-3540 or review the CEOMTA website. Give it some thought. You might just be the next recipient of a Grant for Professional Development.

Student Activities

Student Solo and Ensemble Recitals coming up soon

The next Student Solo and Ensemble Recital is scheduled for Sunday, February 15, 2026, at Graves Piano. Be sure to get your registrations and participation fees in by Thursday, February 5, 2026 (postmarked). The recital is open to students of all members who have studied for at least one year. It is a great performance opportunity for any well-prepared student, and the perfect chance for them to hear other fine students from our district.

Detailed information can be found on our website: <http://www.ceomta.org/student-events/student-solo-ensemble-recitals>. Please contact Dr. Caroline B. Salido-Barta, chair, at 614-440-3555 or thepianoartsstudio@yahoo.com, for additional questions

2026 Summer Music Study Scholarships

NEW THIS YEAR! Applications for the 2026 Summer Music Study Scholarships must be submitted via email to the Chairman/Registrar. Applications not sent via email will NOT be accepted. Complete details can be found on our website page which will be updated very soon with Teacher/Student Information, the Application Form and Guidelines for Letters of Recommendation and Essays.

Deadline for Submissions via email is Midnight - April 19, 2026.

As a reminder - Summer Music Study Scholarships are now ESSAY ONLY. The performance and sight-reading portions were eliminated in 2025.

Scale Olympics – Save the Date!

Scale Olympics is a fun, ribbon-earning event for students of all ages! It motivates students to practice the other elements that contribute to good musicianship, with a theory and technique emphasis. Students in Scale Olympics may participate in up to nine events, including: Scales, Cadences, Arpeggios, Triads and Inversions, Sightreading, Harmonization, Transposition, Ear Training, and Theory. Students competing in fewer than 9 events earn individual ribbons for each event in which they participate. Students participating in all nine events may earn either a blue or a yellow rosette, depending on their scores in each event. The registration fee for students of CEOMTA members will be \$35 for 1-4 events, and \$37 for 5-9 events.

--Scale Olympics 2026 will be held at Otterbein University's Battelle Center on Saturday, October 10th, 2026.

--Questions about Scale Olympics? Come to our Teachers' Scale Olympics Info Sessions! Held in mid-June, these sessions will address the newest changes to this year's Scale Olympics Festival. The session dates will be posted on the website by March 1, along with the handbook updates.

--Registration will open on the website on July 1st; the email address for all forms is ceomtascaleolympics@gmail.com.

Pianorama 2025 Wrap Up and a Look Ahead!

Pianorama 2025 concerts were held at the Discover Christian Church on Saturday, November 1st. It was a tremendously successful event. Overall, 95 duet teams performed at 15 pianos on the Church's elegant stage. Three Special Acts also performed at the concerts, and they were truly a delightful addition. The Pianorama Chairmen wish to thank the nine Conductors who gave their time and talents to lead each group as the individual duet teams learned to work together to become one cohesive sound. We also sincerely thank all the Central Ohio teachers who prepared their students for this event diligently and assisted at rehearsals to keep everything running smoothly. Bravissimo to everyone who participated!

The Chairmen have closed the file on Pianorama 2025, but we are looking ahead to 2027. This will be our 27th Pianorama and a very special occasion, commemorating 50 years from the first Pianorama in 1977. What an incredible accomplishment for CEOMTA to sustain an event over so many years – one that continues to be a motivating, educational and exceptional experience. Plans will begin percolating this summer to bring you another grand event in the fall of 2027.

Upcoming Dates

MTNA National Conference – March 21-25th in Chicago, IL

This year's conference celebrates 150 years of MTNA and is conveniently located in Chicago! Refresh your teaching and meet colleagues from around the globe!

https://www.mtna.org/Conference/Conference_Home/Conference/Home.aspx?hkey=cecd079e-f62b-4ed5-8575-57e2283ba248

CEOMTA Spring Conference – Friday, April 17th – 9:15 – 1 p.m. at Discover Christian Church, 2900 Martin Road, Dublin

Our guest speaker will be Dr. Todd Kays, sport/performance psychologist and mental coach. <https://www.ceomta.org/teacher-events/conferences/district-spring-conference>